

North York Moors Athletics Club presents...

# **NYMAC TEES FOREST TRAIL RACE SERIES 2009**

*Permit applied for*

**16<sup>th</sup> April 2009 - Preston Park, Eaglescliffe**  
**14<sup>th</sup> May 2009 - Newham Grange, Coulby Newham**  
**18<sup>th</sup> June 2009 - Summerhill, Hartlepool**  
**2<sup>nd</sup> July 2009 - South Park, Darlington**  
**23<sup>rd</sup> July 2009 - Pinchinthorpe Visitors Centre, Nr Guisborough**  
**20<sup>th</sup> August 2009 - Wynyard Walkway (Handicap race)**

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- All races are approx. 5KM (3.1 miles) and are suitable for all levels of runners from total beginner upwards.
  - Races to be entered on the night only. Registration opens at 18:30 and all races start at 19:15.
  - Entry fee per race:           £3 - members of affiliated clubs  
  £5 - non-members
  - Minimum age for entrants is 15 years on the day of the race.
  - Full details including maps to the various venues are available on our website: [www.nym.ac](http://www.nym.ac)
  - Results and race reports will be published on our website: [www.nym.ac](http://www.nym.ac)